



Friday 12th February Chuter Ede 'SMILE' day



Here are lots of ideas for activities you could do today to make it a day to 'SMILE'.

Choose at least 4 of them and at the end of the day, tell us which ones you enjoyed doing.

You could try activities from each section, or just choose those that will make you smile. Send us photos if you want!

				
 Record yourself reading a favourite story	 Go on a bike ride	 Curl up with a book	 Watch a BBC Live Lesson	 Make instruments from kitchen equipment and perform a musical masterpiece!
 Find some jokes and phone a friend to test them out	 Do PE with Joe Wicks	 Build a scene from your favourite story or TV programme using lego	 Write a biography of someone who inspires you	 Do a jigsaw
 Learn a poem and recite it off by heart	 Walk a mile	 Watch a favourite film	 Bake something delicious	 Play a board game
 Have a karaoke competition with your family	 Try some yoga – look at 'cosmickids.com'	 Listen to music whilst you are colouring	 Investigate a place in the world you would like to visit	 Build something from junk

