



COVID – 19 (Coronavirus) absence: A quick guide

Taken from <https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/>

* *The main symptoms of coronavirus are:*

- **a high temperature** – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- **a new, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- **a loss or change to your sense of smell or taste** – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

Most people with coronavirus have at least 1 of these symptoms.'

What to do if.....	Action needed	Back to school
....my child has one or more symptom of COVID-19 (Coronavirus) * 	• Child should not attend school • Inform school • Child should get a test • Whole household self-isolates while waiting for test result • Inform school immediately about test results	when child's test comes back negative or when a period of 10 days has passed since the symptoms began and the child feels well.
....my child tests positive for COVID-19 (Coronavirus) 	• Child should not attend school • Inform school immediately about test results • Child self-isolates for at least 10 days from when symptoms* started (or from day of test if no symptoms) • Whole household self-isolates for 10 days from day when symptoms* started (or from day of test if no symptoms) – even if someone tests negative during those 10 days	 when a period of 10 days has passed since the symptoms began and the child feels well, even if they have a cough or loss of smell / taste, as these symptoms can last for several weeks once the infection has gone. Please note: The child must have been without a fever for at least 48 hours before

		they return to school.
.....somebody in my household has COVID-19 (Coronavirus) symptoms* 	• Child should not attend school • Household member with symptoms should get a test • Whole household self-isolates for a period of 10 days or until a negative test result is received • Inform school immediately about test results	when household member's test is negative or the child has completed the 10 day isolation period.
.....somebody in my household has tested positive for COVID-19 (Coronavirus) 	• Child should not attend school • Inform school immediately • Whole household self-isolates for 10 days from day when symptoms* started (or from day of test if no symptoms) – even if someone tests negative during those 10 days	when child has completed 10 days of self-isolation, even if they test negative during the 10 days.
.....NHS Test & Trace has identified my child as a 'close contact' of somebody with symptoms* or confirmed COVID-19 (Coronavirus)  Test and Trace	• Child should not attend school • Child self-isolates for 10 days (as advised by NHS Test & Trace) – even if they test negative during those 10 days • Rest of household does not need to self-isolate, unless they are a 'close contact' too	when the child has completed 10 days of self-isolation, even if they test negative during those 10 days
.....NHS Test & Trace has identified a household member (other than my child) as a 'close contact' of somebody with symptoms* or confirmed COVID-19 (Coronavirus)  Test and Trace	• The household member identified by track and trace must self isolate for 10 days (as advised by NHS Test & Trace) • The child can continue to come to school	 the child can continue to attend school.
..... my Chuter Ede child's bubble is closed due to a confirmed case of COVID	• Child should not attend school • Support your child at home with remote education provided by school • Child must isolate for 10 days • Other siblings in other bubbles / schools may continue to attend school	when school inform you that the bubble will be re-opened.
... a sibling attending another school has been sent home to self-isolate due to a positive case in their school / bubble	• Sibling must self-isolate for 10 days • Chuter Ede child can continue to attend school	... Chuter Ede child can continue to attend school.
.... we / my child has travelled and has to self-isolate as part of a period of quarantine	• Term time holiday will not be authorised • Consider quarantine requirements and FCO advise when booking travel https://www.gov.uk/government/organisations/foreign-	when the most current quarantine guidance has

	commonwealth-office • Provide information to school using the leave of absence form (amended in light of COVID) Returning from a destination where quarantine is needed: • Child should not attend school • Inform school of quarantine requirement	been followed for your destination.
.... I have travelled from a country that requires us to quarantine, but my child did not travel with me 	• Inform school of recent travel and quarantine requirements • As long as you do not have / have not had symptoms* in the last 10 days, your child can continue to attend school • The person who has travelled must self-isolate in line with quarantine requirements. This means that they WILL NOT be able to leave the house and will therefore be unable to bring or collect their child from school	... child can continue to attend school if adult has no symptoms.
....we have received advice from a medical / official source that my child must resume shielding 	• Child should not attend school • Contact school and provide updated shielding information • Child should shield until you are informed that restrictions are lifted and shielding is paused again	when you receive medical advice that your child may return to school or when government restrictions have been lifted
.....I am not sure who should get a test for COVID-19 (Coronavirus) 	• Only people with symptoms* need to get a test • People without symptoms are not advised to get a test, even if they are a 'close contact' of someone who tests positive People who are unwell, but have no symptoms of Coronavirus* should return to school when they are well enough to do so and when usual quarantine periods have been satisfied; for example 48 hours after the last episode of vomiting or diarrhoea. Further advice can be sought from the school office.	

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Content is subject to amendment in order to maintain compliance with government guidance.