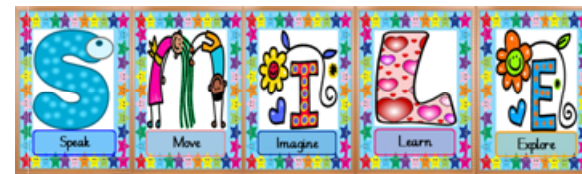




Friday 12th February Chuter Ede 'SMILE' day



Here are lots of ideas for activities you could do today to make it a day to 'SMILE'.

Choose at least 4 of them and at the end of the day, tell us which ones you enjoyed doing.

You could try activities from each section, or just choose those that will make you smile. Send us photos if you want!

				
 Record yourself acting out a favourite story	 Go on a bike ride	 Curl up with a book	 Learn how to play a new board game	 Build a den! Inside or outside
 Find some jokes and phone a friend to test them out	 Do PE with Joe Wicks	 Build a scene from your favourite story or TV programme using Lego	 Make instruments from kitchen equipment and perform a musical masterpiece!	 Do a jigsaw
 Learn a new Nursery Rhyme- https://www.bbc.co.uk/teach/school-radio/nursery-rhymes-songs-index/zhwdgwx	 Walk a mile	 Watch a favourite film	 Bake something delicious	 Make some binoculars and explore outside
 Have a karaoke competition with your family	 Try some yoga – look at 'cosmickids.com'	 Listen to music whilst you are colouring	 Investigate an animal from an online zoo: ZSL London zoo Edinburgh Zoo Chester Zoo	 Build something from junk