

My name is Peter and I am a Polar Bear. I live in the Arctic where it is very very cold.

I am going to tell you some things about the Arctic and show you some pictures of what it is like to live in the Arctic.

I hope everyone is wrapped up and ready to go on our Arctic adventure.



This is a map of the world showing the Arctic where I live.

Why do you think the Arctic is coloured white?

What might this tell you about the weather in the Arctic?



Here are some pictures
of the Arctic to help
you imagine what it
would feel like to live
here.







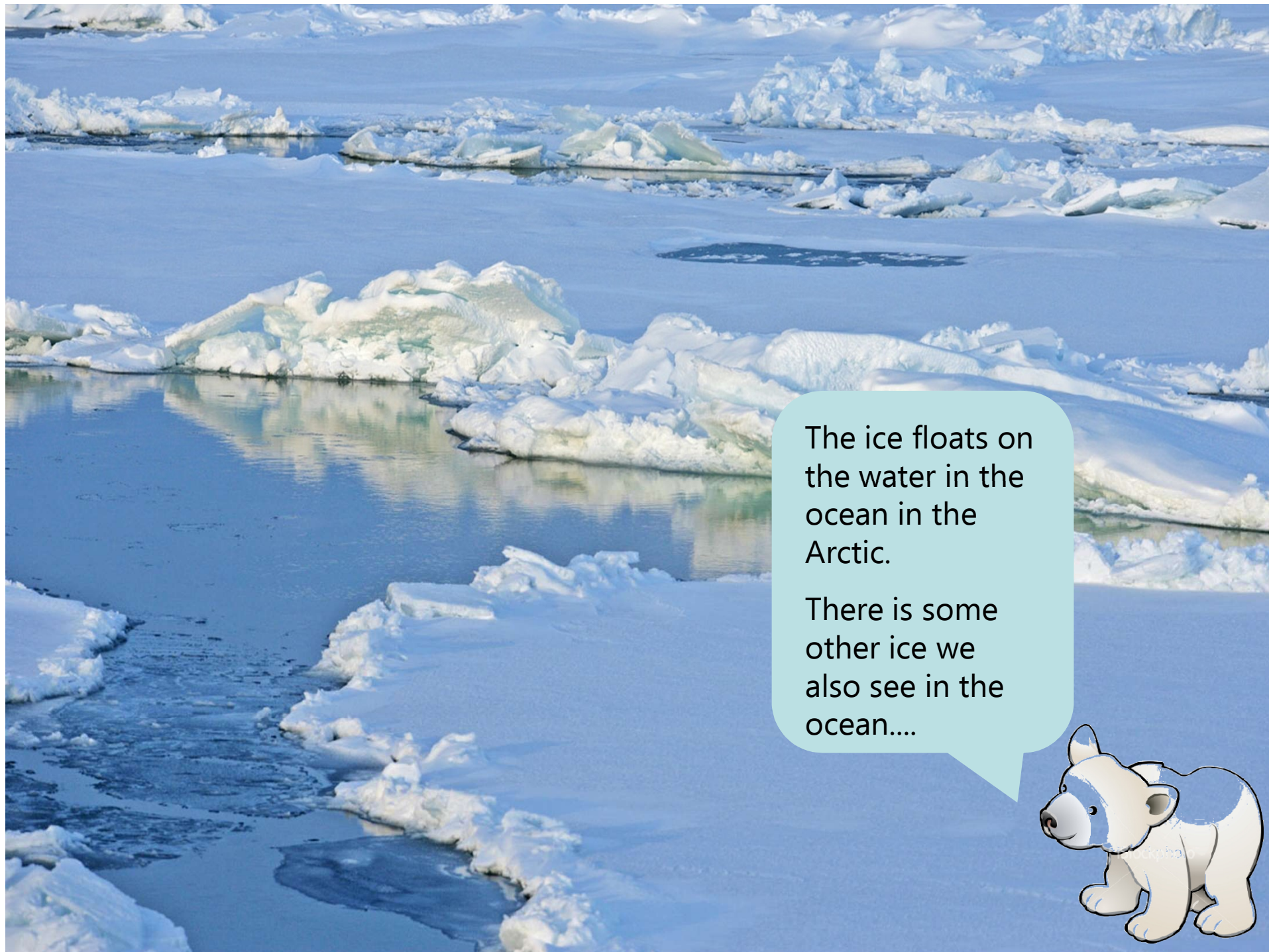
Did you notice
how blue and
clear the sky is?

That means it is
very very cold.



There are hardly any plants in the Arctic because it is too cold for them to grow.

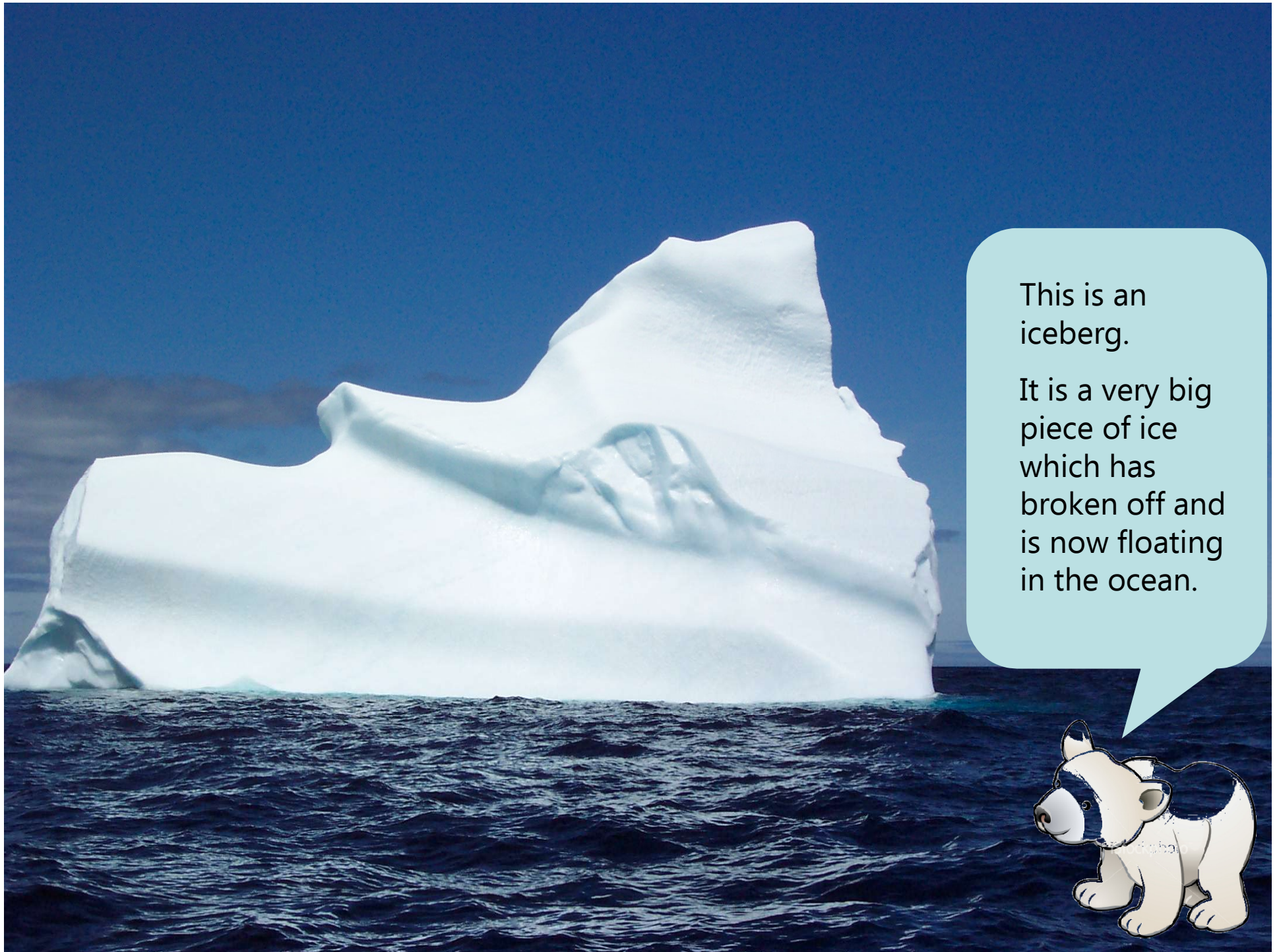




The ice floats on
the water in the
ocean in the
Arctic.

There is some
other ice we
also see in the
ocean....





This is an
iceberg.

It is a very big
piece of ice
which has
broken off and
is now floating
in the ocean.



I've taken some pictures of some of the other animals that also live here in the Arctic with me.

Look closely at the pictures and see if you notice anything which most of these animals have in common.



This is a picture of my friend Freddie.

Do you know what animal Freddie is?

Freddie is an Arctic Fox. He has deep, thick fur which helps to keep him warm.





Here is a photo of my friend Holly.

Do you know what animal she is?

She looks a bit like a rabbit but she is actually a hare. Hares are bigger than rabbits.

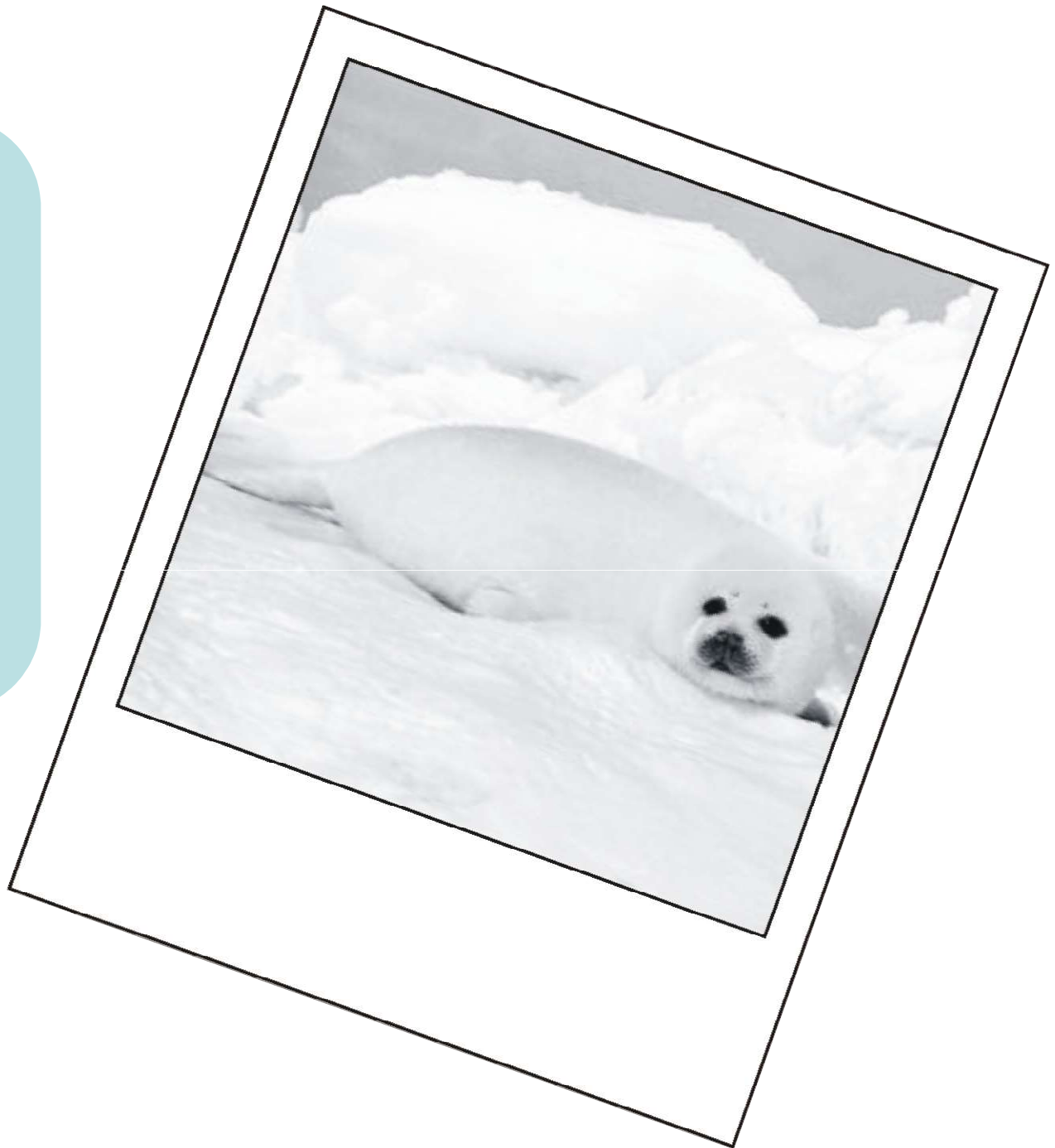
Holly also has thick fur to keep her warm.

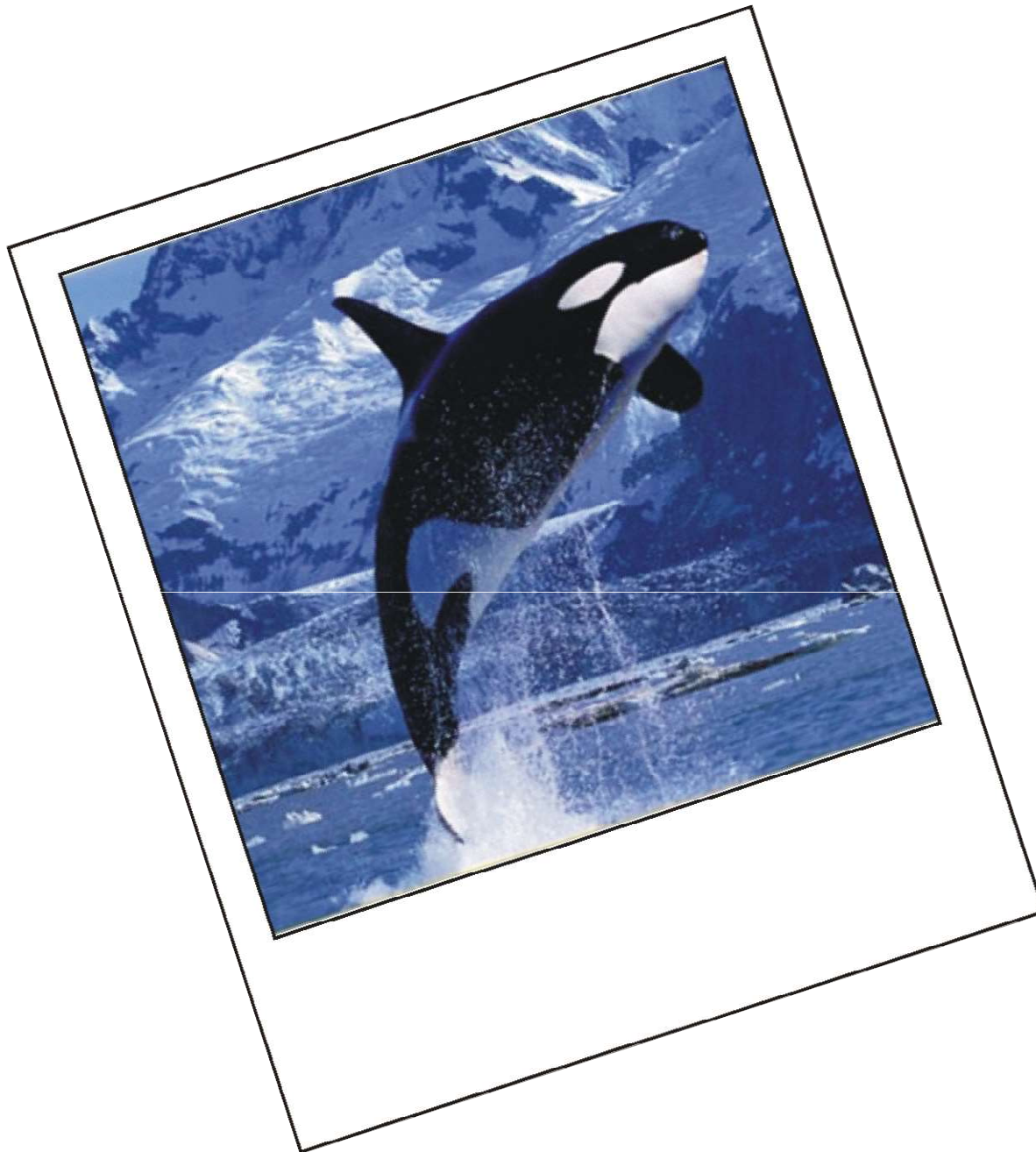


This is my friend
Sammy.

Do you know what
animal Sammy is?

Sammy is a seal. Sammy
swims in the ice cold
ocean and also likes to
come and lay in the
snow.





Hey look this is a great photo of my friend Warren.

Do you know what type of animal Warren is?

Warren is a whale. He lives in the icy cold ocean. But sometimes he likes to jump out, like in this picture!



Here is a picture of my mummy and my brother Paul and my sister Poppy.

That should give you a big clue as to what animal they are....they're the same animal as me...do you know what they are?

Thats right, they're polar bears too!





Did you notice what all these animals have in common?

They all have thick white fur.

Why do you think it might be good to have thick white fur in the Arctic?

The thick fur helps to keep the animals warm in the freezing weather.

Because their fur is white it also helps them to hide in the snow so that no one can see them.



Did you notice that there weren't any people on any of the pictures that you have seen so far?

Why do you think there are no people on the pictures?

Because it is too cold in the Arctic. Also, there aren't many plants which means not a lot of food grows here for people to eat.

We do get visitors sometimes though....



Sometimes
scientists come
to explore the
Arctic.

They carry their
luggage on
sledges because
that is the easiest
way to move
things around
here!



Sometimes people use
foxes to pull their sledges
across the deep snow.



I like to roll around in the snow.
What do you like to play in the
snow?





It's time for me to go now. I hope you enjoyed exploring the arctic with me.

Don't forget all the interesting things we've talked about....

- The icebergs

- My friends the Arctic Fox, the Arctic Hare, the Arctic Seal, the Whale and of course the other Polar Bears.

- We even got to see some scientists coming to do some exploring.

I hope to see you again soon.....Bye!

